

# INCLUDED DAILY

**SKATING DEVELOPMENT:** Our staff uses the most modern, innovative instructional techniques to improve our players' skating.

**SKILL DEVELOPMENT:** Each day, players will be taken through a progression of skills in stickhandling, passing and shooting. To maximize player movement and development, stations are used during these sessions.

**SMALL AREA GAMES:** Team play is designed to educate players on concepts, strategies, systems and positioning through game situations. Each day a different concept is discussed, and games will be focused on that concept.

**SCRIMMAGE:** Players will participate in small area games and a controlled scrimmage, with coaches reinforcing the day's teaching.

**VIDEO SESSIONS:** Each player will see personal video footage of the skating skill of the day and the coach will provide feedback.

**CLASSROOM:** Coaches lead classroom sessions daily and go over different concepts, strategies, rules, sportsmanship and fun game/activities.

**DRYLAND TRAINING:** Activities and training vary daily and by age group. Our dryland training is aimed at improving players' athletic ability and hockey skills.

**TEAM BUILDING:** Hockey is the ultimate team sport. Every day, our staff challenges our campers with fun team-building exercises that enhance their leadership, communication, problem-solving skills, team camaraderie and personal growth.

**GOALIE-SPECIFIC:** Our camp will have a goaltending coach who will lead goalie-specific movement drills and skills on the ice and provide feedback throughout the small area games and scrimmages. At the conclusion of the camp, goaltenders will receive a detailed report card from our goaltender coach.



# OVERNIGHT CAMP

TRINE SUMMER HOCKEY CAMPS ARE INTENDED FOR PLAYERS THAT PLAY OR PLAN TO PLAY AT THE HOUSE OR TRAVEL LEVEL.

## BOYS CAMP

### Overnight Camp Schedule

**July 7-12** Boys 12U & 14U  
**July 14-19** Boys 12U & 14U

Ages are based on USA Hockey 2024-25 season  
*(Players will be separated based on age and skill)*

Schedule varies for age group.  
Final schedule will be sent before camp.

Overnight Player  
Cost: \$750 Player \$630 Goalie

Day Camper Player  
Cost: \$570 Player \$480 Goalie

Trine Summer Hockey Camp is intended for players who play or plan to play at the house, travel or high school level.

Our 12U camp will focus largely on individual skill development and competing in small areas in a fun, competitive atmosphere. Primary team concepts and hockey rules will be taught during this camp as well. Rules and concepts will be reiterated during the scrimmage sessions.

Our 14U camp will focus on advanced skill development and team play concepts along with a large focus on body contact and checking. The goal of the camp is to teach proper technique when receiving and delivering a body check. Small area games and scrimmages are held daily to practice contact/checking in game situations.

### LOGIN FOR REGISTRATION AND PAYMENT AT

**thundericearena.com**

Overnight roommate request on registration form  
Discounts available when combining more than one camp. Email John Mihalik at mihalikj@trine.edu for details.

Refund policy - deadline June 1.  
\$200 non-refundable administration fee.

### CAMP HIGHLIGHTS:

Stay in Trine University housing  
Meals at the award-winning cafeteria  
On-ice and off-ice combine testing  
Camp jersey  
Player/goalie of the week prizes  
Great coach-to-player ratio  
Personal evaluations

### OFF-ICE ACTIVITIES INCLUDE:

- MTI Center: basketball, spikeball, bowling and many more sports
- Dryland training
- Team-building activities

## GIRLS CAMP

### Overnight Camp Schedule

**July 7-12** Girls 10U & 12U  
**July 14-19** Girls 14U & 17U

Ages are based on USA Hockey 2024-25 season  
*(Players will be separated based on age and skill)*

Schedule varies for age group.  
Final schedule will be sent before camp.

Overnight Player  
Cost: \$750 Player \$630 Goalie

Day Camper Player  
Cost: \$570 Player \$480 Goalie

Trine Girls Summer Hockey Camp is intended for players who play or plan to play at the house, travel or high school level.

Camp is designed to emphasize individual skill development while considering the difference in ability levels. Our focus will be providing a fun, competitive atmosphere for female players.

The camp will provide structured on-ice practices and off-ice activities that will give our players a great camp experience. Small area games and scrimmages will occur at the end of each day and give players an opportunity to work on what they've learned.

Trine University NCAA Women's coaching staff will be involved.



### TRINE SUMMER CAMP PHILOSOPHY

Our mission is to provide the finest creative hockey instruction within a disciplined, organized and enjoyable hockey atmosphere. All ice sessions and off-ice activities are geared toward the athlete's development as a player and individual. A player's development is largely determined by the effort and attitude displayed on and off the ice, which this camp emphasizes.



### TRINE UNIVERSITY COACHING STAFF

John Mihalik: Hockey Director

Melissa Paluch: Women's NCAA Head Coach

Chris Garrity: Men's ACHA D3 Head Coach

Bryce Hower: Assistant Hockey Director

Brad Jenion: Trine Alum and professional hockey player

Brenden Lambert - Trine Alum & Youth Hockey Director

Assistant coaches are members of NCAA Men's and Women's teams and the ACHA Men's D2/D3 teams.



### TRINE UNIVERSITY

#### THUNDER ICE ARENA

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(260) 665-4380

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# TRINE UNIVERSITY HOCKEY CAMP

## OVERNIGHT CAMPS

July 7-12, 2024  
July 14-19, 2024

### THUNDER ICE ARENA